



JUNIA ISA

ERASMUS+ KA107 BILATERAL EXCHANGE

Practical and Theoretical Workshop

NUTRITION - BASICS AND BALANCING

BY

***Dr Lucile Gaberel,
professor of Graduate School of Agriculture and Bioengineering,
ISA Lille, France***

- 6 hours in-person course;
- Topics include: nutrition basics, balanced diet => basics about nutrients, nutritional needs ;
- learning to make food ratio calculation;
- food groups and balance diet recommendations;
- Certificate of course completion;
- Participation is free of charge.

Date: 8 April 2022, 13:00-17:00,
UNSA Campus, Faculty of Agriculture and Food Sciences

Register via
lejla.pojskic@gmail.com by April 7th, 2022